

# ADVANCE CARE PLANNING

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Paul Sartori Foundation  
Pembrokeshire Hospice at Home



AMBULANCE

08700 104950

AMBULANCE

HF 129



St John

EHE 7GKO

T445 JBO

HEDDL  
ARAFW

POLIC  
SLOW

# What is ACP?

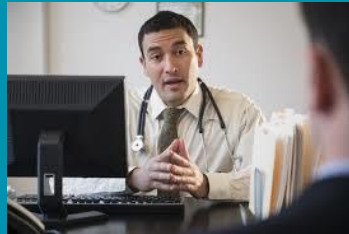
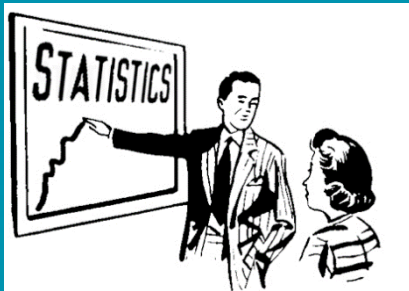
Commonly includes:

- ‘Statements of wishes’ (SWACP)
- Legally binding advance decision to refuse treatment (ADRT)
- Appointing a proxy (LPA)
- Other decisions around death (eg: organ donation, funeral plans, wills etc)

# Statement of wishes

(SWACP)

Anything you would like those caring for you to know (views, fears, preferences, requests)



Must be 'taken into account' by decision makers, even if not in writing

# Advance Decisions to Refuse Treatment

- Need to be quite specific
- If worded properly are legally binding
- Commonly relate to:
  - CPR
  - Ventilation
  - Feeding tubes
  - Blood transfusion



# What are the benefits of ACP?

People with ACP are more likely to:

- Have their choices respected
- Die at home
- Be involved in decision making at the end of life
- Have better quality of life
- Have better perception of the quality of care received

# What are the benefits of ACP?

- Surviving relatives of people who had an ACP are less likely to suffer from:
  - Stress
  - Anxiety
  - Depression



**What if someone has  
already lost mental  
capacity?**



# Keith's Story



# Jean's Story



# Mary's Story



# Non's Story





[www.dyingmatters.org](http://www.dyingmatters.org)



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