

THE PAUL SARTORI FOUNDATION

NEWSLETTER

RUSSELL CONQUERS THE CASTLE (AT LAST!)

After what can only be described as a dramatic saga worthy of its own Netflix series (working title: Game of Tones), Russell Watson is finally heading to Pembroke Castle, and this time, no amount of Welsh weather is getting in the way.

Originally scheduled, then rescheduled, and possibly whispered about in hushed, castle-corridor tones for months, **Voices at the Castle** is officially happening this **Saturday 13 June 2026**.

Yes, you read that right. Russell is on his way. The Voice. The man. The legend. The vocal equivalent of a cathedral organ with better hair is finally coming to conquer the castle!

Pembroke Castle has seen a lot in its over 100-year history. Kings, battles, sieges, and a few thousand tourists in its later years. But nothing quite like a world-famous tenor belting out a high note while someone nearby unwraps a slightly overambitious picnic Scotch egg.

The event will be an unforgettable evening of music, featuring not just Russell Watson, but a full supporting cast of local talent, including Bella Voce, Pembrokeshire Pop Voices, The Paul Sartori Community Choir, and Pembroke & District Male Voice Choir. It's less of a siege and more of an epic musical takeover of one of Britain's most beloved historic sites.

Gates open at 4pm, music kicks off at 4:30pm, and by 10:30pm, you will either be emotionally uplifted, vocally inspired, or attempting to harmonise with strangers over a Tupperware of pasta salad.

And who wouldn't want to join in with this incredible event? A historic castle, a beautiful summer evening, music echoing off ancient stone walls... It's all in aid of The Paul Sartori Foundation, supporting vital hospice-at-home care across Pembrokeshire, so your enthusiastic singalong, slightly off-key or not, is all for a genuinely brilliant cause. Please join in!

If you're starting to think, "This sounds suspiciously like the best night of my summer," you would be absolutely right. Tickets are just **£35 per person** and are still available, but they are selling quickly, so you will want to move faster than Russell crescendoing to a top C.

You can grab yours via the **Pembroke Castle shop**, by calling the Paul Sartori team on **01437 763223**, or through the website <https://pembrokecastle.co.uk/events/voices-at-the-castle/>

So, secure your tickets, dust off your picnic blankets, and prepare yourselves, because Russell Watson isn't just coming to Pembroke Castle...he's about to absolutely raise the roof.



Please note: this is not the real Russell. This is our promotional sidekick, Cardboard Russell. The real Russell is only available on Saturday 13th June at Pembroke castle - get your tickets now!



THE PAUL SARTORI FOUNDATION PRESENTS

ROCK THE RAMPARTS

*THE CANDY SKULLS
THE CLEDDAU KINGS
MILLY & THE BANDITS
SALTWATER*

FRIDAY 12TH JUNE 2026

6 PM - 10:30 PM

PEMBROKE CASTLE, PEMBROKE



TICKETS: £15

BUY ONLINE AT

[WWW.PEMBROKECASTLE.CO.UK
/EVENTS/ROCK-THE-RAMPARTS](http://WWW.PEMBROKECASTLE.CO.UK/EVENTS/ROCK-THE-RAMPARTS)



AN UPDATE FROM CHIEF EXECUTIVE OFFICER, LAURA HUGMAN

This year is already shaping up to be a big one for Laura Hugman. Not only has she stepped into the role of **Chief Executive Officer** at The Paul Sartori Foundation, but she has also ticked off an incredible personal achievement: **completing the London Marathon**.

Laura took on the CEO role after 10 years as the charity's Clinical Lead, and a few months as Interim CEO from January 2026. During that time, she has been right at the heart of the organisation, working closely with patients, families, staff and volunteers, and helping to shape the compassionate care the charity is known for. Her down-to-earth, people-first approach makes her a natural fit for the role.

Now as CEO, Laura is focused on building on the charity's strong foundations while keeping what matters most front and centre: **supporting people living with life-limiting illness**. She is passionate about helping the charity grow in a sustainable way without ever losing sight of the community it serves, alongside Chair Dave Evans and Vice-Chair Jason Tomlin.

As if that was not enough to take on, Laura has also recently completed the London Marathon, **raising an amazing £4,551.25** (including Gift Aid) for the charity. Having only started running in 2021 with The Waterfront Community Runners, it is safe to say this was not something she ever imagined doing a few years ago.

Training for 26.2 miles takes time, determination and plenty of early mornings, something Laura has balanced alongside her busy role. But throughout it all, her motivation has stayed the same: supporting the work of Paul Sartori.

COMPLEMENTARY THERAPY TEAM EXPANDS

A big welcome to **Ruth Kenny** who has joined our active Complementary Therapy team. Ruth is a valued volunteer at Paul Sartori but now joins staff members Heather and Kana in offering patients and their main carer therapies at our Complementary Therapy Suite at Paul Sartori House or in the patients' own home.

The team provide relaxing beneficial treatments, self-help strategies and products tailored for individual needs and to help ease physical, psychological, and emotional symptoms using therapies such as Reiki, Aromatherapy, massages, and more. Please visit <https://paulsartori.org/complementary-therapy/> for more information on how to book treatment.



DYING MATTERS WEEK SUCCESS!



This year's **Dying Matters Week**, from the 4th to the 12th May, built on last year's success, expanding the programme to include a film screening alongside returning favourites like the concert and the ever-popular Dead Good Quiz. The team also supported community events at The Third Place in Milford Haven and an information day at Haverhub in Haverfordwest.

In total, **204 people attended events** across the week, creating meaningful opportunities to start conversations around death and dying.

The week launched with a moving concert at Bethesda Chapel in Narberth, where the Paul Sartori Community Choir performed songs of remembrance, hope and joy in both English and Welsh. The event welcomed 120 attendees and raised **£314.63 in donations**, while also providing space for informal conversations and access to future care planning information.

At The Third Place in Milford Haven, a more relaxed, café-style drop-in replaced traditional information stands. This approach proved highly effective, with **17 people receiving practical support**, including help with wills, power of attorney forms, and future care planning discussions.

Although quieter, the Haverhub information day still connected with 7 individuals, while also strengthening valuable partnerships within the third sector.

The Dead Good Quiz brought a light-hearted but thoughtful approach to a serious subject, attracting **42 attendees** and raising £179, while encouraging open discussion through creative rounds and shared conversations.

Finally, a rural film screening of 'What We Did on Our Holiday' in St Nicholas **reached 18 people**, raising £70.80 and ensuring communities across Pembrokeshire were included.

Overall, the week successfully combined **creativity, community and compassion** to help normalise conversations around death and dying.



TAKING PAUL SARTORI TO THE PALACE



Earlier this month, Dave Evans, Chair of the Board of Trustees, was honoured to attend a Royal Garden Party at Buckingham Palace, representing The Paul Sartori Foundation. It was a fitting recognition for someone who, like his parents before him, has dedicated himself to upholding the life and legacy of Father Paul Sartori through years of leadership, guidance and support of the Pembrokeshire community. Here's his report of a right Royal day out with wife, Isabel.

“On Friday May 8th, Isabel and I were delighted to attend a Royal Garden Party at Buckingham Palace. This was not an invitation for me, rather I was there representing everyone who, over the past 45 years has either worked, volunteered, or supported The Paul Sartori Foundation.

In this time we must have provided hundreds of thousands of hours of care to Pembrokeshire families who are experiencing the end of life of a

loved one. It was a great honour to be there some 15 years after my Dad attended, again representing the work he had done with the Foundation; he was one of the original Trustees some 45 years ago.

The day was sunny and dry. The royals that attended were The Prince and Princess of Wales, The Duke and Duchess of Edinburgh, and Zara Phillips. We were lucky to get very close to them for photo purposes and the Duke of Edinburgh did actually stop and ask us where we had come from. He acknowledged that we had travelled far!

All in all it was a beautiful day; the gardens, the bands, the food was fantastic. It was lovely to chat to several other inspiring people, many of them were there representing their own charities”.



PEMBROKE DOCK'S STORE REVAMP

Paul Sartori Hospice at Home has officially **expanded the Pembroke Dock store** by opening through into the neighbouring unit at Bierspool on London Road, creating a bigger, brighter space and unlocking loads of new possibilities. From more room to browse to a fantastic new furniture section, there's now even more to discover every time you pop in.

This transformation didn't happen overnight. Shop manager Kelly Elliot and a brilliant team of volunteers rolled up their sleeves and put in weeks of hard work to get everything ready. Their energy and enthusiasm really paid off when the **doors reopened on Friday 1st May**, welcoming in a steady stream of curious (and impressed!) shoppers.



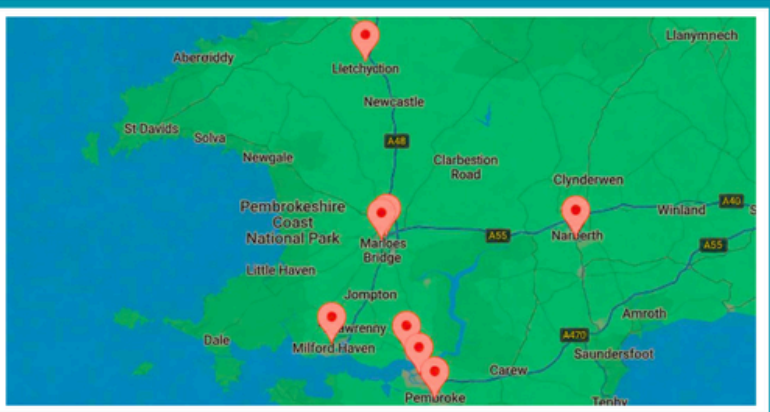
The occasion was made even more special thanks to outgoing Mayor of Pembroke Dock, Cllr Michelle Wiggins, who officially opened the expanded store, while Head of Retail Julia Brady welcomed everyone and shared thanks with the team behind the scenes. A big shoutout also goes to Pembroke Dock Tesco for kindly donating treats to help celebrate the day in style.



The Pembroke Dock shop is one of nine run by the charity, alongside a busy eBay department, and together they play a vital role in raising funds for Paul Sartori's hospice-at-home services. With care costing around £3,600 a day to provide, every donation and purchase really does make a difference. Even better, the shop is now open seven days a week, so whether you are hunting for a bargain, donating pre-loved items, or just fancy a nose, there's always a warm welcome waiting.

VISIT OUR SARTORI STORES ACROSS PEMBROKESHIRE

- Fishguard
- Letterston
- Snowdrop Lane, Haverfordwest
- Bridge Street, Haverfordwest
- Narberth
- Milford Haven
- Pembroke
- Pembroke Dock
- Neyland



LEASE SIGNED: NEW STORE COMING SOON!

The Paul Sartori Foundation is entering an exciting new phase with the development of a larger **Sartori Community Store** at the former Factory Shop on Snowdrop Lane, Haverfordwest. This new space will allow the charity to expand its range of high-quality pre-loved and new goods, with every purchase supporting its free hospice at home services across Pembrokeshire.



As part of this move, the long-standing **Bridge Street store will close** after 16 years of serving the community. In preparation for the transition, the Foundation is no longer accepting donations at the Bridge Street location. The team will be relocating to the new store, where plans include community activities, guest sellers, and events to create a welcoming hub.

The current Snowdrop Lane site will become a central warehouse, donation drop-off point, and mobility centre, helping the charity manage donations more effectively and meet growing local demand.

YET ANOTHER HUGE SUCCESS AT NEYLAND STORE'S POPULAR LADIES DAY



What a fantastic **Ladies Day at Paul Sartori Neyland** on Wednesday, 20th May. This much-loved annual event is clearly growing in popularity each year, and it's a real testament to Maggie's dedication to both fashion and the charity. People now travel from far and wide to attend, with one loyal customer sharing that Maggie is her first stop for every special occasion, including all her wedding outfits.

A huge congratulations to Maggie and her brilliant team, whose hard work paid off with an incredible **£3,800 raised** — their best result yet!

With around **£3,600 needed each day to provide our Hospice at Home care**, this event has funded just over a full day of vital support. Well done, Neyland store, for another fantastically stylish and successful event. We're very grateful for all your hard work and passion.

WALKING WITH PURPOSE

Jan Millward, founder of Pembrokeshire Women Walking, has shared the deeply personal story behind her walking group and how it has grown into a supportive and inspiring community group.

There are three people who inspired me to set up Pembrokeshire Women Walking. The first two are my late sisters, Chris and Ali, who died within eight months of each other after bravely battling breast cancer. The third is Jacque Williams, who founded Welsh Women Walking.

In September 2012, just weeks after Ali passed away, I was travelling to a Welsh Women Walking event in the Gower raising money for Ty Hafan. During that journey, I had the idea to start a similar group in Pembrokeshire to raise money for a breast cancer charity. My older sister Chris was still undergoing treatment at the time. I spoke to Jacque that day, and she was incredibly supportive, which gave me the confidence to go ahead.

Within a month, Pembrokeshire Women Walking held its first walk, and in the first year we raised over £2,000 for Breakthrough Breast Cancer. In 2014, we began supporting two local charities, Paul Sartori Foundation and Shalom House, both of which had supported my family. Sadly, Shalom House has since closed, so all funds now go to Paul Sartori.

We walk once a month, usually on the third Sunday, covering 4–6 miles. Our walks offer a chance for women to enjoy the outdoors, boost wellbeing, and build friendships. Women join us from across Pembrokeshire and beyond - one lady regularly travels from Carmarthenshire to join us.

Pembrokeshire Women Walking is open to all ladies. It is up to individuals to ensure they are able to complete a walk of about 6 miles, and walks are entirely at their own risk. Walks take place all over Pembrokeshire, details of which are posted on our [Facebook group](#) and individuals just turn up on the day at the shared starting point.

My favourite walks in Pembrokeshire are anywhere on the Coast Path but especially in the North near Abermawr, and a firm favourite inland walk is Ty Canol woods near Newport.



**You can now have a charity shop
rummage online!**
Visit www.paulsatoriretail.org
or
<https://www.ebay.co.uk/str/sartoristores>



HAPPY 4TH BIRTHDAY TO THE PAUL SARTORI COMMUNITY CHOIR!

There is something special about people coming together through music, and this year marks a joyful milestone for the Paul Sartori Foundation Community Choir as it celebrates **four wonderful years**.

What began as a simple idea by Grant Development Officer Judith Williams has grown into a vibrant and welcoming community of **nearly 90 members**. Over time, the choir has become far more than a weekly rehearsal. It is a place where friendships are formed, laughter is shared, and voices unite in support of both one another and the wider community, under the careful and creative guidance of Choir Director, Mark Heron.

Throughout the past four years, the choir has brought **comfort and joy** through uplifting rehearsals and heartfelt performances. A particularly meaningful highlight each year is its involvement in the **Light Up a Life remembrance event**, where carefully chosen songs create a reflective and comforting atmosphere for those remembering loved ones.

More recently, the choir played an important role in **Dying Matters Week**, performing at Bethesda Baptist Church in Narberth. The event helped open conversations around death, dying, and bereavement, using music to bring people together in a supportive and understanding environment.

Looking ahead, excitement is building for **Voices at the Castle** this weekend, where choir members will take to the stage at Pembroke Castle alongside renowned tenor Russell Watson. It promises to be a truly special occasion and a proud moment in the choir's already remarkable journey.

For many members, the choir is a highlight of their week, offering a **sense of belonging** and a boost to wellbeing. As it celebrates its fourth anniversary, it is a time to reflect on its growth, its friendships, and the powerful role music continues to play in connecting and supporting the community.

Find photos below of the choir celebrating their 4th birthday at Paul Sartori House last month...they sure can sing, but they certainly know how to celebrate!



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HOSPICE AT HOME

Paul Sartori Bingo Night

Friday 31st July 2026
Tenby United Rugby Football Club
6:30 pm, eyes down 7 pm

Book of 10 games & 1 flyer = **£15**

Raffle available

Fabulous prizes & flyer game cash prize

All proceeds to help fund
hospice at home care
in Pembrokeshire

For more information, please visit www.paulsartori.org/events/bingo

paulsartori
HOSPICE AT HOME

and



Pembroke
Castle

present:

VOICES — at the — CASTLE

Starring

RUSSELL WATSON



Saturday 13th June 2026

Gates open at 4.00pm
Music starts at 4.30pm
Event finishes at 10:30pm

Bella Voce

Pembroke & District Male Voice Choir

The Paul Sartori Community Choir

Pembrokeshire Pop Voices

TICKETS: £35
pembrokecastle.co.uk
Telephone: 01437 763223

For original
ticket exchanges,
please telephone
01437 763223.

HELP US TO DRIVE CARE FORWARD BY HELPING US PURCHASE A NEW EQUIPMENT VAN

This April, we launched our appeal to raise **£40,000 by December 1st, 2026** to buy a new Equipment Van. This van allows us to deliver essential equipment to help people with comfort and mobility at the end of their lives. This equipment helps patients and families as part of their hospice at home services from The Paul Sartori Foundation - so this van is an incredibly important part of our offering.



HOW YOU CAN HELP

There are a few ways you can help us to reach our milestone so we can continue helping families across Pembrokeshire. You can

- donate via the QR code on the next page
- tell your friends and family about our fundraiser and help spread the word
- do some fundraising activities of your own, in work, or at home, to help raise the funds needed

FUNDRAISING IDEAS YOU CAN DO THIS SUMMER



Whatever you choose, every penny helps us deliver dignity and compassion to people's doors. From hospital style beds and wheelchairs to commodes and pressure relieving mattresses, these items allow patients to remain in familiar surroundings, close to those they love. The service often responds on the same day, ensuring urgent needs are met quickly, providing the right equipment at the right time, preventing unnecessary hospital admissions and supporting faster discharges, giving people the opportunity to spend precious time at home with their loved ones.

Drive Care Forward Appeal

paulsartori
HOSPICE AT HOME

Help us to fund a replacement Equipment Loan Van to deliver essential end of life equipment to Pembrokeshire families.



Help us raise £40,000 by 01/12/26

- Hosting an event
- Doing a fundraiser
- Donating to the cause
- Spreading the word through your friends/family

Donate here:
www.justgiving.com/campaign/equipmentloanvan
or scan the QR code now!



NEED INSPIRATION? MEET PAULINE, OUR COAST PATH FUNDRAISING HERO...



Senior Care Assistant Pauline has gone above and beyond in an extraordinary fundraising challenge, completing the entire **186-mile Pembrokeshire Coast Path in just two weeks** to support the Paul Sartori Foundation's Equipment Van appeal.

With her loyal dogs, Reno and Poppet, by her side, Pauline set off with determination and a clear goal: to raise vital funds to help provide **essential equipment for hospice at home care across Pembrokeshire**. Battling ever-changing conditions, from bright sunshine to strong winds, heavy rain, and even hail, she tackled every mile with resilience and unwavering focus.

As a valued member of the Paul Sartori clinical team, Pauline understands first-hand just how important access to the right equipment is when caring for people at the end of life. From hospital beds to mobility aids, these resources make an enormous **difference in ensuring patients receive compassionate, dignified care in the comfort of their own homes**. Pauline's challenge was more than a physical test; it was a mission driven by experience, empathy, and dedication.

Her achievement is nothing short of remarkable. Covering rugged terrain, steep climbs, and some of the most breathtaking coastal scenery in the country, from the sandy beaches of South Pembrokeshire to the dramatic cliffs of the north, Pauline showed incredible strength and perseverance throughout. And her efforts have paid off, **raising a phenomenal £1,230 for the charity**.

Affectionately known as "Ninja" by her friends and colleagues, petite Pauline has truly lived up to her nickname with this herculean effort. Her journey has inspired everyone around her, demonstrating the power of determination and community spirit.

The Paul Sartori Foundation is **immensely proud of Pauline**, not only as an outstanding nurse and team member, but as a dedicated fundraiser who has lead the way and made a real difference.



THE PAUL SARTORI FOUNDATION

OUR CHARITY

The Paul Sartori Foundation, a Pembrokeshire Hospice at Home Service established for those with a **life-limiting illness**, was founded in memory of its namesake, Father Paul Sartori.



Father Paul Sartori, a popular Haverfordwest-based Parish Priest, saw a need for **hospice care in Pembrokeshire** when his housekeeper became gravely ill. He vowed to create this service for his parishioners.

Unfortunately, after researching the possibility of a hospice centre in Pembrokeshire, Father Sartori became ill himself and died from cancer at the age of 39, in 1980.



Inspired by Father Paul, a small group of his local parishioners and friends strived to bring his ideas to fruition and, in 1982, the Foundation became a **registered charity**.

Today, The Paul Sartori Foundation has been operating for **over 40 years**. In this time, the registered charity has gone from strength to strength, and the Hospice at Home service now provides a **free range of services** to people living in the final stages of any life-limiting illness,

